

caring@home resources

for families and carers

		Community Palliative Care Resources Box	Palliative Care Clinic Box	Standard caring@home package for carers	
		Available as a hard copy resource or for free download	Available as a hard copy resource or for free download	Available for free download	
					
				ENGLISH	TRANSLATED
MANAGING PHYSICAL SYMPTOMS	Tip sheets	✓	✓	✗	✗
RECOGNISING DYING	Tip sheet	✓	✓	✗	✗
UNDERSTANDING INFUSION DEVICES	Factsheets	✓	✗	✗	✗
PROVIDING PRACTICAL CARE	Practical care step-by-step guides and videos	✓	✗	✗	✗
MANAGING SUBCUTANEOUS MEDICINES	Information brochure	✓	✓	✓	✓
	Managing medicines factsheets	✓	✗	✗	✗
	Practical handbook for carers	✗	✗	✓	✓
	Medicines diary/book	✓	✓	✓	✓
	Wall/fridge chart	✓	✓	✓	✓
	Syringe labels	✓	✓	✓	✓
	Step-by-step guides and videos	✓	✓	✓	✓
	Training checklist	✓	✓	✓	✗

Resources for families and carers



RESOURCES		DESCRIPTION
MANAGING PHYSICAL SYMPTOMS	<ul style="list-style-type: none"> • Help with anxiety • Help with feeling sick and/or vomiting • Help with pain • Help with rattly breathing • Help with restlessness • Help with seizures • Help with shortness of breath • Help with troubling visions, sounds, thoughts • Common symptoms at end of life 	The tip sheets provide written and pictorial information about how to identify a symptom and what actions can be taken to help the person being cared for
RECOGNISING DYING	<p>Knowing when a person is getting closer to dying/ Knowing when a person has died</p>	The tip sheet provides written and pictorial information about how to identify when a person is nearing death and how to identify when a person has died
UNDERSTANDING INFUSION DEVICES	<ul style="list-style-type: none"> • Information for carers: CADD™-SOLIS and CADD™-SOLIS VIP infusion pumps • Information for carers: NIKI T34™, T34™ and BODYGUARD™ T syringe pumps • Information for carers: Surefuser™+ infusion device 	The factsheets provide written and pictorial information about how infusion pumps and devices work and how to help manage them in the home
PROVIDING PRACTICAL CARE	<ul style="list-style-type: none"> • How to care for the eyes/How to care for the nose • How to care for the mouth • How to change a pad • How to position a person • How to wash a person 	The illustrated guides and videos explain how to provide practical care for someone in the home using a step-by-step approach
MANAGING SUBCUTANEOUS MEDICINES	Information for carers: Helping to manage symptoms with medicines at home	Health professionals can use the information brochure to introduce carers to how they can help manage breakthrough symptoms safely using subcutaneous medicines
	<ul style="list-style-type: none"> • Making sure there are enough medicines in the home • Storing your palliative care medicines safely/ Disposing of your palliative care medicines safely 	The factsheets provide written and pictorial information about how to manage medicines in the home
	Practical handbook for carers	The handbook provides written and pictorial material with all the information a carer needs to help manage breakthrough symptoms safely using subcutaneous medicines
	Medicines diary/book	The medicines diary/book is for a carer to record all the subcutaneous medicines that are given
	Wall/fridge chart	The wall/fridge chart acts as an extra safety check to ensure the correct medicine is given for each breakthrough symptom
	Syringe labels	The syringe labels are pre-printed and colour-coded for eight (8) commonly-used palliative care symptom management medicines
	<ul style="list-style-type: none"> • How to help manage symptoms with medicines at home • How to put medicine in the syringe • How to give medicine under the skin • How to insert a subcutaneous cannula 	The illustrated guides and videos explain how to manage subcutaneous medicines safely in the home using a step-by-step approach
	Training checklist and carer/family post-training competency assessment	The training checklist is used to guide the one-on-one training with a carer, and to check carer competency after the training sessions