

Help with fluid in the gut



See and hear



Large gut

Working hard to breathe from large gut

Pain in gut



Feeling sick in the gut

Not comfortable

Reflux

Less wee









Change position, make comfortable with pillows

Create airflow and ask them to slow down breaths

Distract

Gentle massage and movement of arms and legs

Give medicine as prescribed











Note: Transfer for drainage may be appropriate in some cases

Yarn, stay, connect...



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Need help? Ring the clinic.

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