

# Knowing when a person is getting closer to dying

There are some common signs when a person is likely to die in the next few hours/days.

These signs are due to the body and brain shutting down.

## You could see or hear



Changes to breathing pattern and sounds

Less movement

Not waking

Not eating or drinking

Withdrawn

Cold skin (hands and feet)

Changed colour of skin (hands, feet and/or lips)

Agitation / restlessness

Less urine

## You could do



Connect –  
talk and touch



Inform others who  
need to know



Do what is right  
for your family and  
community

Other things

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.....

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.....

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## If you need help



Service name: .....

T: .....

# Knowing when a person has died

## You could see or hear



Not breathing

No chest wall movement

Pulse and heartbeat cannot be felt

You can't wake them

Pupils do not change size

Cold to touch

Skin colour change

Eyes and mouth may be half open

The body may release air and fluid

## You could do



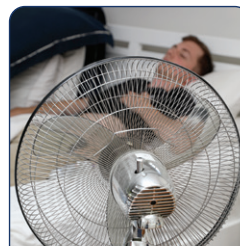
Do what is right for your family and community



Inform others who need to know



There is no hurry – spend as much time with the person as you want



Keep the room cool



When you are ready phone the doctor or nurse

## If you need help



Service name: .....

T: .....

Other things

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