Scan the QR code to order a **FREE** pack



## **Community Palliative Care Resources** Pharmacy Pack

Community pharmacists play an important role in supporting families and carers who are providing care for a person with a life-limiting illness at home.

The new caring@home Community Palliative Care Resources Pharmacy Pack can assist pharmacists to support:

- families and carers in providing practical care, physical symptom management and subcutaneous medicine management for a person at home
- timely ordering and stocking of medicines from the National Core Community Palliative Care Medicines List.



**Familiarise** yourself with the factsheets, tip sheets, and step-by-step guides and keep them as a master set.

**Download** or print additional copies as needed.



**Provide** a copy of relevant resources to families or carers when needed.

**Advise** families and carers to follow clinical guidance and consult with their healthcare providers.



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## Inside the Pharmacy Pack: What's included

Resource topic	Title of resource
Managing subcutaneous medicines	<ul> <li>Factsheets</li> <li>Making sure there are enough medicines in the home</li> <li>Storing your palliative care medicines safely/Disposing of your palliative care medicines safely</li> </ul>
Managing physical symptoms	Tip sheets  Help with anxiety Help with feeling sick and/or vomiting Help with pain Help with rattly breathing Help with restlessness Help with seizures Help with shortness of breath Help with troubling visions, sounds, thoughts Common symptoms at end of life
Recognising dying	Tip sheets  • Knowing when a person is getting closer to dying/Knowing when a person has died
Understanding infusion devices	<ul> <li>Factsheets</li> <li>Information for carers: CADD™-SOLIS and CADD™-SOLIS VIP infusion pumps</li> <li>Information for carers: NIKI T34™, T34™ and BODYGUARD™ T syringe pumps</li> <li>Information for carers: Surefuser™+ infusion device</li> </ul>
Providing practical care	Step-by-step guides  How to care for the eyes/How to care for the nose How to care for the mouth How to change a pad How to wash a person

Includes **shelf talkers** to support timely ordering and stocking of core community palliative care medicines

## PALLIMEDS APP by caring@home

Prescribing advice about commonly-used palliative care medicines, including those from the National Core Community Palliative Care Medicines List, for managing terminal symptoms frequently experienced by home-based patients.





