



Help with fluid in the gut

See and hear



Large gut

Working hard to breathe from large gut

Pain in gut

Feeling sick in the gut

Not comfortable

Reflux

Less wee

Do



Change position, make comfortable with pillows



Create airflow and ask them to slow down breaths



Distract



Gentle massage and movement of arms and legs



Give medicine as prescribed



Note: Transfer for drainage may be appropriate in some cases

Talk, stay, connect...



Special things

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V1.1.3/2025

Need help? Ring the clinic.

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