



Help with restlessness

You could see or hear



Moving a lot

Trying to get up

Plucking at clothes or sheets

Calling out

Not able to settle

You could do



Connect – reassure, touch



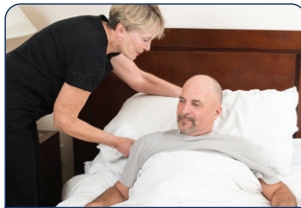
Remind them who you are



Speak in a calm, quiet voice



Help them relax – music, dim the lights



Consider changing their position



Share cultural practices



Give medicine as prescribed

Other things

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If you need help



Service name:

T: