



# Help with pain

## See and hear



Groaning noises

Worried face

Not wanting to be moved

Moving lots

Crying

Moody

## Do



Distract – do happy things



Make comfortable and help them to relax



Give medicine as prescribed



## Talk, stay, connect...



### Special things

.....  
.....  
.....  
.....  
.....

Need help? Ring the clinic.

T: .....