## Help with rattly breathing

## See and hear 💿

Noisy breathing

Changes in breathing rate

Moments of stopped breathing

Ooze from mouth

Your loved one will not be worried by this noise. If you notice that breathing stops for a short time, this is normal. You do not need to give medicine.



Change their position – on the side and/ or more upright



**Clean mouth** 

Give medicine as prescribed

caring ahome



Keep a calm place







Talk, stay, connect...

## **Special things**



## Need help? Ring the clinic. [

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