



# Help with fitting

## See and hear



Spaced out

Jerky movements

Shaking

Eyes – rolling and staring

Clenched jaw

Weeing

## Do



Check area is safe so no one is hurt

Roll on their side (if possible) to make breathing easier

Protect yourself – do not touch their mouth

Put something soft under their head

Give medicine as prescribed



If fitting lasts more than 5 minutes, call for help.

## Talk, stay, connect...



### Special things

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Need help? Ring the clinic.

T: .....