

## 2019 Palliative Care Tasmania State Conference

Please complete all sections of the form and email to [naomi@eventsphere.com.au](mailto:naomi@eventsphere.com.au) no later than 11:59pm Friday 21 June 2019

Presentation Title: Supporting patient choices for end-of-life care at home
Conference Theme (please circle or highlight): 1. Community 2. Aged Care 3. Clinical
Authors: Liz Reymond
Authors(s) affiliations: Liz Reymond, Brisbane South Palliative Care Collaborative, Metro South Palliative Care Service, Metro South Health
<b>NOTE:</b> All accepted authors must register for the 2019 Tasmanian Palliative Care Conference by 19 <sup>th</sup> August 2019.
Presenter: Liz Reymond
Type of Abstract (please highlight or circle one) 10 min plenary session
Abstract (250 - 300 words) <i>caring@home</i> , a national palliative care project funded by the Australian Government, aims to improve the quality of palliative care service delivery across Australia by providing resources that support carers to help manage breakthrough symptoms safely using subcutaneous medicines.  Many people, in the terminal stage, are admitted to in-patient facilities because their symptoms cannot be adequately controlled at home. Often, towards the end of life, breakthrough symptoms need to be managed using subcutaneous medicines. Research indicates that carers who are supported with standardised education and resources, tailored to their needs, can confidently, safely and competently manage subcutaneous medicines to relieve breakthrough symptoms in home-based palliative care patients. <sup>1,2</sup>  <i>caring@home</i> resources, applicable to all jurisdictions in Australia, are freely available in hard copy or electronic form via the <i>caring@home</i> website.  Resources include: <b>For service providers</b> <ul style="list-style-type: none"><li>• <i>Guidelines for the handling of palliative care medications in community services</i>, developed by NPS MedicineWise</li><li>• <i>Example policy and procedures: Supporting carers to help manage breakthrough symptoms safely using subcutaneous medicines in the home</i></li></ul> <b>For healthcare professionals</b> <ul style="list-style-type: none"><li>• palliMEDS- A smartphone app for primary prescribers to assist with palliative medicine prescribing</li><li>• Online education modules for registered nurses about how to use the <i>caring@home</i> resources to train carers</li></ul> <b>For carers</b>

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- A comprehensive package for carers containing step-by-step guides, a handbook, a medicines diary, training videos, a practice demonstration kit and a colour-coded labelling system (including syringe labels)

The *caring@home* resources enable a consistent approach to teaching carers to give subcutaneous medicines and support the provision of home based patient-centred care for people who would prefer to be cared for and, if possible, to die at home.

### References:

1. National Institute for Health Research, Journals Library. CARer-ADministration of as-needed sub-cutaneous medication for breakthrough symptoms in home-based dying patients: a UK study (CARIAD). Available from: <https://www.journalslibrary.nihr.ac.uk/programmes/hta/151037/#/>. [Accessed 6 February 2017].

2. Healy S, Reymond L. Delivering quality care for palliative care patients. Scientia. 2015. Available from: <http://www.scientia.global/sue-healy-professor-liz-reymond-delivering-quality-care-for-palliative-care-patients/>. [Accessed 7 February 2017].

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Abstract submissions close at **on Friday 21 June 2019.**

Your abstract submission must be submitted on time, to be considered for the program of the 2019 Palliative Care Tasmania State Conference.

All accepted authors **MUST** register and pay to attend the Conference.

Please email this completed template to Conference Manager, Naomi Will on [naomi@eventsphere.com.au](mailto:naomi@eventsphere.com.au)  
If you have any questions, please do not hesitate to call Naomi on 0439 336 511