



# Help with rattly breathing

## See and hear



Noisy breathing

Changes in breathing rate

Moments of stopped breathing

Ooze from mouth

Your loved one will not be worried by this noise. If you notice that breathing stops for a short time, this is normal. You do not need to give medicine.

## Do



Keep a calm place

Change their position  
– on the side and/  
or more upright

Clean mouth

Give medicine as  
prescribed



## Yarn, stay, connect...



### Special things

.....  
.....  
.....  
.....  
.....

V1.2 3/2025

Need help? Ring the clinic.

T: .....