











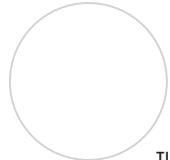


















Medicines book





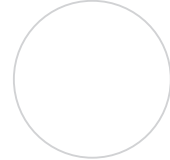





















- Your clinic will teach you how to use this Medicines book.
- The clinic uses this Medicines book to check how things are going.





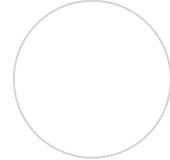



























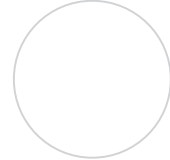





















Every time you give medicine, write in this book or use the stickers.





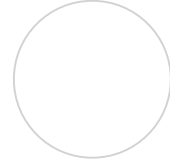





















Examples





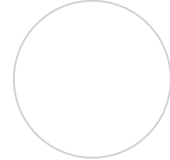





















 DAY	 SATURDAY	 SATURDAY		
 DAY / NIGHT	 DAY TIME 4am	 NIGHT TIME 9.30pm	 TIME	 TIME
 MEDICINE	Metoclopramide (Salmon) NAUSEA/ VOMITING Dose: 10 mg in 2 mL Prepared by: KD Date: 11/4/22 For Subcutaneous Single Dose Use Only	Hyoscine (Green) butylbromide NOISY 'RATTLY' BREATHING Dose: 20 mg in 1 mL Prepared by: KD Date: 11/4/22 For Subcutaneous Single Dose Use Only	 Put medicine label here	 Put medicine label here
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				





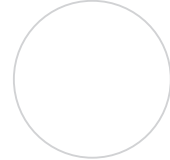





















 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				





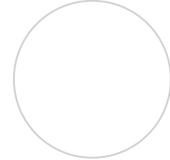





















 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

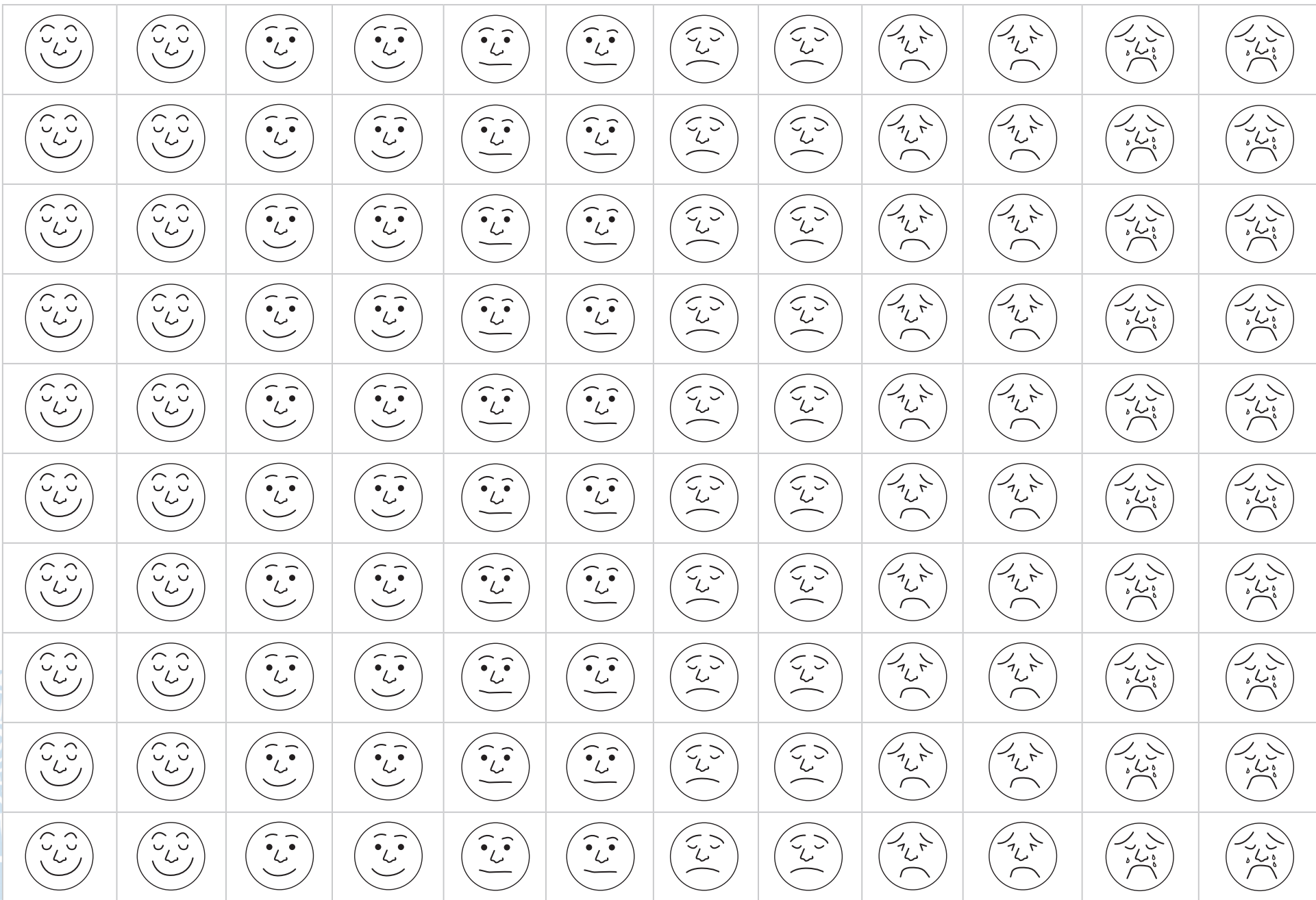
 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

 DAY				
 DAY / NIGHT	 TIME	 TIME	 TIME	 TIME
 MEDICINE	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>	<div style="border: 1px dashed gray; border-radius: 15px; padding: 5px; text-align: center;"> Put medicine label here </div>
 BEFORE MEDICINE				
 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES	 WAIT 20 MINUTES
 AFTER MEDICINE				

DAY	DAY	DAY
DAY	DAY	DAY
DAY	DAY	DAY
DAY	DAY	DAY
DAY	DAY	DAY
DAY	DAY	DAY
DAY	DAY	DAY

NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT
NIGHT	NIGHT	NIGHT

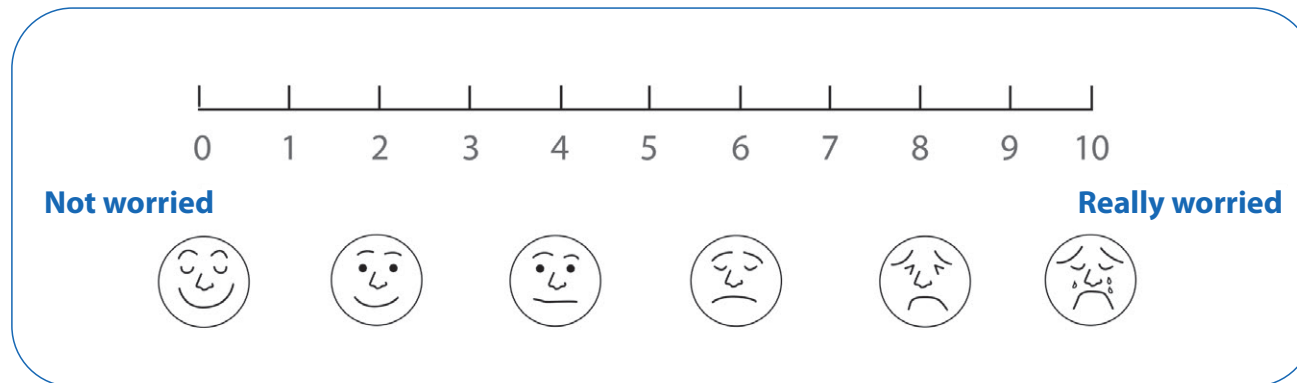
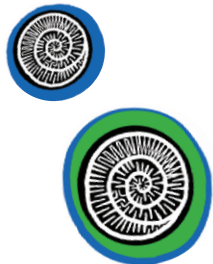
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY



How worrying is it?



Ask your loved one to look at the scale and pick the number or the face that matches how they feel.
The numbers are a scale from 0 - 10.
0 means the symptom is not worrying at all and 10 means it is really worrying.



If your loved one cannot tell you how they feel, trust your own judgement and give a rating for the symptom on behalf of the person.
You will need to record the symptom rating in this Medicines book before, and about 20 minutes after, giving medicine under the skin.
This helps you to decide if the medicine has worked.

ADAPTED FROM: Wong-Baker Faces® Pain Rating Scale and the Edmonton Symptom Assessment Scale.

